

# KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE

## ADMINISTRATIVE BOARD

### REGULAR BOARD MEETING

THURSDAY, MAY 10, 2001

KCASAAB Members Present: Joan Clement, Jim Harbaugh, Joyce Proudlock, Bob Seidensticker, Yasmin Smith,

KCASAAB Members Excused: Linda Brown (awaiting Council confirmation), Nancy Code, Keith Williams

Staff Attending: Cindy Bergh, Sherry Hamilton, Geoff Miller, Rhoda Naguit

Guests Present: Jack Eckrem, Evergreen Treatment Services; Harvey Funai, State Division of Alcohol and Substance Abuse; Gerry Coughlin, Alcohol-Drug Helpline; Pat Knox, Recovery Centers of King County, Al Sweeten, Seattle Indian Health Board

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The regular meeting of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) was convened at the Conference Room of the Dutch Shisler Sobering Center, 1930 Boren Avenue in Seattle. Chair Jim Harbaugh called the meeting to order at 12:05 p.m., followed by introductions of all members and guests.

#### I. MINUTES

Joan noted that under treatment outcome on page 2 of the April 30, 2001 special board meeting minutes, it should state "*the board will back up the use of 45-question ASI as treatment outcome tool.*"

Joyce made a motion and seconded by Joan to approve the April 12, 2001 and April 30, 2001 minutes as corrected. The motion was passed and the minutes of April 12, 2001 and April 30, 2001 were approved unanimously.

#### II. CHAIRMAN'S REPORT

##### A. Moments of Reflection

Chairman Harbaugh asked everyone to have a moment of silence as we reflect on the life of Joanne Asaba, who suddenly passed away last April 13, 2001. He then thanked Rhoda Naguit for sending the flowers and bereavement card on behalf of the board to Joanne's family.

<p><b>This material is available in alternate formats. For more information, please contact Rhoda A. Naguit at 206-296-7623 Voice or 206-296-7596 TTY.</b></p>
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In memory of Joanne, the Mental Health, Chemical Abuse and Dependency Services Division staff has established a Joanne Asaba Memorial Fund.

The Mental Health/Substance Abuse Exemplary Service Awards was Joanne's brainchild. She hoped that these awards would help in the merging of mental health and substance abuse by recognizing those individuals who were outstanding in the mental health and substance abuse field. The staff has decided to create a special award category that would exemplify the skills she demonstrated. In the first year, the award in the category "Joanne Asaba Memorial Award for Excellence in Leadership" would be given to Joanne Asaba's family on October 3, 2001 at the University of Washington Horticulture Center. In years thereafter, this will be given to individuals in the community whose leadership and management qualities exemplify those demonstrated by Joanne.

Joanne's dedication and love to her family, especially to her children is well-known. To continue her legacy to her family, the staff is sponsoring a scholarship fund for her two children, to be administered by her husband Neil as he sees fit. Donations would be accepted from anyone outside the Division who wished to contribute. Send donation to "Sunshine Fund", 821 2<sup>nd</sup> Avenue, Suite 600, Seattle, WA 98104.

#### B. Board Liaison Report

Chairman Harbaugh was unable to attend the May 8, 2001 Mental Health Advisory Board meeting due to his teaching schedule in the evening. Sherry gave a brief summary of what transpired at the May 8<sup>th</sup> Mental Health Advisory Board meeting. The agenda includes a legislative update and discussion on legislative advocacy; a presentation by David Cousinieau of Seattle Children's Home; voting on potential new Board members; and staff liaison reports.

Joan, SIAC Chair, reported that at the May 2, 2001 meeting of System Integration Advisory Council, the topics of discussion included the merger of Chemical Dependency Involuntary Treatment (CDIT) and Crisis Commitment Services (CCS), Phase III contract with United Behavioral Health (UBH), legislative update, Emergency Service Patrol (ESP)/Dutch Shisler Sobering Center (DSSC) Statistical Comparison 1998-2001, and systems integration work with the Department of Corrections (DOC).

### III. MANAGER'S REPORT

#### A. RFP Update

Geoff attended the DOC Mandatory RFP respondents meeting today in Olympia.

The Division has submitted a proposal to the Center for Substance Abuse Treatment (CSAT) for funding for establishing a second mobile van-based opiate substitution treatment program in King County. The proposal will expand treatment capacity by up to 80 12-month free treatment slots per year. Geoff commended Gloria Albetta for putting

together this grant proposal. The second grant is the Homeless Population Grant targeting homeless women with substance abuse problems. Mike Elsner and Steve Freng gave a tremendous amount of work on this grant application.

Geoff attended a Methadone Cluster Conference in Baltimore, Maryland last April 25-27. At this meeting, Geoff asked for a no cost extension of the grant that would fund 75 slots for methadone treatment.

Dick Andrews and Jane Kennedy are working together to submit a response to the DASA TASC request for proposals.

Karen Spoelman, Dick Andrews and Geoff will be preparing the application for the DOC grant. The preliminary meeting for this grant is June 4<sup>th</sup>.

Doug North, Harvey Funai, and Geoff have offered to meet with Native American tribes and organizations to investigate and cooperatively writing a CSAT planning grant for the Native Americans of King County.

#### B. Biennial Planning Update

There is no draft plan and budget yet at this point. Geoff said that the Biennial Plan should be ready for board review and approval at the regular meeting on June 14, 2001.

The Prevention Plan is in its final draft to be sent to State DASA. Copies of the Prevention Plan were sent to the board two weeks ago.

The board held a special meeting last April 30<sup>th</sup> to discuss the biennial plan before its approval. Bob Seidensticker followed through the discussion about CHAT through emails. CHAT situation is a very complicated one. Bob questioned the underfunding mandate in running CHAT. Is closing CHAT not an option though it is not given the money it needs? Could other agencies or new agencies pick up the slack if CHAT could no longer operate due to financial problem? Linda also asked whether CHAT is the best place to try to provide primary care with all the costs involved and are some of the other sources that pay for medical care being tapped?

Geoff said that the cost of running CHAT, which is a regulated facility, with union staff, on a ten-acre aging facility that may exceed its earning potential within an underfunded system. He said that DASA is reluctant to increase the bed rates at CHAT because that would reduce the availability of treatment. Unfortunately, the inpatient/residential providers, and the outpatient treatment providers bear the brunt of lack of funding.

Geoff explained that the recent ruling by the Washington Board of Pharmacy have driven cost up of managing medications for detox and all inpatient/residential providers, this does not include the increased costs of energy.

Patrick Vanzo is handling the CHAT proviso for the Department of Community and Human Services. The proviso seeks to find a way to make CHAT less budget negative if not self-sufficient. The potentials include additional revenue and a different bed mix, as well as the potential of closing CHAT.

Joan asked for a report on substance abuse incidence e.g. HIV, heroine. Geoff observed in Dave Murphy's Drug Trend report the growing use of methamphetamine in the county. Copies of the most recent Drug Trend Report will be sent to the board members.

C. Legislative Update

Copies of the DCHS State 2001-2003 Proposed Operating Budgets - Governor, Senate and House Budget were distributed.

Sherry discussed the three budgets and its provisions. She said that to this date, there is no State budget yet. She focused on the mental health funding. The House provides prevalence and severity study on mental illness across the State with a six-year phase-in, against Senate's four-year phase-in funding formula. The House voted "No", while the Senate voted "Yes" to Ticket to Work Buy in. The Governor and Senate budget provides funding for 35 beds in Eastern Washington for involuntary treatment, but not the House budget. The funding for methamphetamine differs in the Governor, Senate and House budget.

Here is an update on the following legislative bills:

- **ESSB 5051** is signed. Chairman Harbaugh sent a Thank you letter to Senator Long and Representative Tokuda for their support to this bill.
- **SB 5048** is now a law, which will take effect on July 22, 2001.
- **SSB 5417** has passed both House and Senate but the Governor has not signed it yet. He has until May 15<sup>th</sup> to sign it, veto, or partial veto it.

D. Monthly Utilization Report

Copies of the Monthly Utilization Report were distributed.

Geoff noted that the report has Co-occurring Disorders (COD) as an add-on item. He said that he is recommending a 24-bed at CHAT for COD clients. He has met with Ken Stark about this issue. It does not look good at this point. In defense of Ken, Geoff said that there is a struggle on the bed rate. DASA finds it hard to manage the pot of dollar that is not adequate. ASAM implementation is not a dollar service driven. This is a slow process system to change. He expressed appreciation to Pat Knox for extra work done in detox.

Joan noted a 50% decrease in King County Assessment Center utilization. Geoff responded that this was due to lack of manpower. KCAC is down with one FTE. The

Division is working to get approval to hire an FTE due to hiring freeze. The current State employees strike is creating a backlog in the system.

Pat Knox said that detox will be one of TARGET's pilot programs.

### III. AGENCIES AND OTHER CONCERNS


Al Sweeten inquired if the Governor has signed the bill pertaining to background check. No one present knew anything about it.

There being no further business, the meeting was adjourned at 1:25 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit  
Recording Secretary

  
Jim Harbaugh  
Chairman